

You & Your Medication



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YOURmeds helps you to take your medication on time, it is as easy as opening an advent calendar.

What you have to do.

When it is time to take your medication, the screen will show a number and sound an alarm. Simply push open the number that corresponds to the screen and take the medication. The system will alarm every 10 minutes for one hour, or until you take your medication.



What you have to do.

You can choose up to 5 people to support you, If you have not taken your medication within 10 minutes of the alarm going off, the system will inform the first supporter on your list, and they will give you a quick call. The system informs a different supporter every 10 minutes.

Once you take your medication the supporters will stop being informed. Further information on what a supporter has to do is detailed in our supporter leaflet.

How will you get your medicines.

The pharmacy will deliver the YOURmeds system to you with your medication packs. If you have a 28 day prescription you will receive 4 medication packs that need to be changed weekly. Instructions on how to change the pack are included in our instructions leaflet.

If you have a 7 day prescription the pharmacy will drop off a new medication pack every week.

What about medication that is not in the pack?

The pharmacy will deliver additional medication that you need to take such as creams, inhalers or liquid medication, separately. These cannot go into the YOURmeds packs. You need to take them as you normally would, or as the instructions say.

Scan us!



Supporter Leaflet



Instructions leaflet

Frequently Asked Questions.

1 I want to change my medication times?

Please contact your pharmacy with any changes you want to make. Once they have done that hold down the SYNC button until the green light starts to flash and then release. The tag will display “syncing”. Once the tag has synced the next medication round will be shown in the top left hand corner.

2 My prescription has changed and I've still got packs with the old medication regime.

The pharmacy will collect them from you. They will refill them and issue you with medication packs with the new prescription.

3 I've inserted a new pack but one of the pods is showing as opened.

You will need to insert a new pack. Please take the damaged pack back to the pharmacy or contact your pharmacy for a replacement.

4 The tag is blank or showing a fault.

First please put the tag on charge. After 60 minutes check the screen is on hold down the SYNC button until the green light flashes and then release. If the screen is still not working contact our technical team on **02392 470001**.

Call: 02392 470001

Email: support@yourmeds.net

Support is available between 9AM-5PM, Monday to Friday.